# University of Iowa C3 Glomerulopathy **Natural History Study**

The University of Iowa, Molecular Otolaryngology and Renal Research Laboratories (MORL) are one of the largest and most robust laboratories in the world. We are focused on the research of the ultra-rare complementmediated kidney diseases, DDD and C3GN, known together as C3 Glomerulopathy, or C3G for short.

#### What is C3G?

- C3G is very rare.
- About 1 in 1,000,000 people have C3G.
- It may strike at any age.
- People with C3G are very likely to get permanent kidney failure.
- The disease may come back after a kidney transplant.



Unfortunately, when a person is diagnosed with C3G, there is no way to know who will do well and who will do poorly. This is due to a lack of knowledge of the natural history of the disease. There needs to be a better definition and understanding of what happens when a person gets C3G. This knowledge will help doctors decide who needs treatment. It will also help predict how effective different treatments are.

Our study aims to collect clinical data on 400 people. We will pair this data with:

- Biomarkers of disease (blood and urine samples)
- Genetic variations in specific genes
- Pathology (kidney biopsy slides)

This study will be the largest natural history study on C3G using the largest C3G database in the world.

# Our study goals are to:

- Create a C3G database for patient-related information.
- Collect data on each person (such as medical history, family history, etc).
- Get blood and urine samples from people with C3G for biomarker and genetic testing.
- Collect, interpret, and store kidney biopsy slides.
- Evaluate all complement pathway biomarkers and genetic data.
- Use the newest statistical methods and machine learning to compare patient clinical information with biomarker and genetic data and the kidney biopsy.
- Share discoveries with other doctors and scientists through:
  - o Scientific journals
  - o Seminar presentations
  - o Conferences (local, national, international)
- Be available to treating doctors to assist in the care of their patients.
- Link people to clinical trials.
- Offer people access to new medicines and innovative treatments by acting as a hub site for complement drug trials.





## For our study, we will:

- Need you to sign and agree to be in the study.
- Ask for your glass biopsy slides to be mailed to us. This is to let us to check your diagnosis and look at the biopsy.
- Ask that you have kidney biomarker labs (blood samples) as well as basic kidney labs. We will need these mailed or faxed to us every 6 months and if you are significantly ill.
- Ask that you get genetic testing. This is done only one time.
- Ask for medical updates. We will have you do medicine logs every 6 months and when you are ill.

## If you would like to join our C3G Natural History Study:

Please reach out to Monica Hall with questions.

- Call (319) 353-0905
- Email: monica-hall@uiowa.edu



# Carla M. Nester MD, MSA

Adult and Pediatric Nephrologist

Director - Rare Renal Disease Clinic

Division of Pediatric Nephrology, Dialysis and Transplantation

Associate Director - Molecular Otolaryngology and Renal Research Laboratory (MORL)

University of Iowa Hospitals and Clinics



## Richard JH Smith, MD

Director - Molecular Otolaryngology and Renal Research Laboratories

Director - The Iowa Institute of Human Genetics

Professor of Internal Medicine and Pediatrics (Divisions of Nephrology), Otolaryngology,

Molecular Physiology & Biophysics

Sterba Hearing Research Professor

Vice Chair Department of Otolaryngology



Monica Hall, RN, BSN

C3G Clinical Research Coordinator 5292 Carver Biomedical Research Building

Phone: (319) 353-0905 Fax: (319) 384-9616

Pager 1622, Hospital Operator (319) 356-1615

Email: monica-hall@uiowa.edu



### **Amy Weaver**

C3G Admin Services Coordinator/Project Assistant 5296 Carver Biomedical Research Building

Phone:(319) 335-6623 Fax: (319) 335-9890

Email: amy-weaver@uiowa.edu



# Lynn Vining, RN, MSN, CPHQ

C3G Clinical Research Assistant 5292 Carver Biomedical Research Building

Phone: (319) 335-8756 Fax: (319) 335-9890

Email: lynn-vining@uiowa.edu



2

#### **Lauren Fergus**

C3G Student Research Assistant 5292 Carver Biomedical Research Building

Email: <u>lauren-fergus@uiowa.edu</u>