



# C3 Glomerulopathy



## Current Care

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# Disclosures

The following includes a list of current (within the last 24 months) affiliations:

Affiliation / Financial Interest	Organization
Associate Director	Molecular Otolaryngology and Renal Research Laboratory
NIH	1R01DK110023-01A1
Site Investigator	ChemoCentryx
Site Investigator	Achillion Pharmaceuticals
Site Investigator	Alexion Pharmaceuticals
Site Investigator, Research Funding	Novartis
Site Investigator	Retrophin
Advisory Board	BioCryst

My conflicts are managed by a University of Iowa mandatory conflict plan.  
Both prior and current relationships are on record at the University of Iowa's Conflict in Research Office:

<https://coi.research.uiowa.edu/>

# Objectives



University of Iowa  
Stead Family  
Children's Hospital

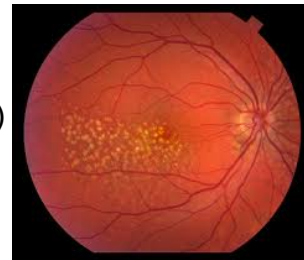
- Review current evaluation and therapy of C3 Glomerulopathy
- Review treatment guidelines for C3 Glomerulopathy
- Efficacy of current treatment approaches to C3 Glomerulopathy

# Current Therapeutic Approach

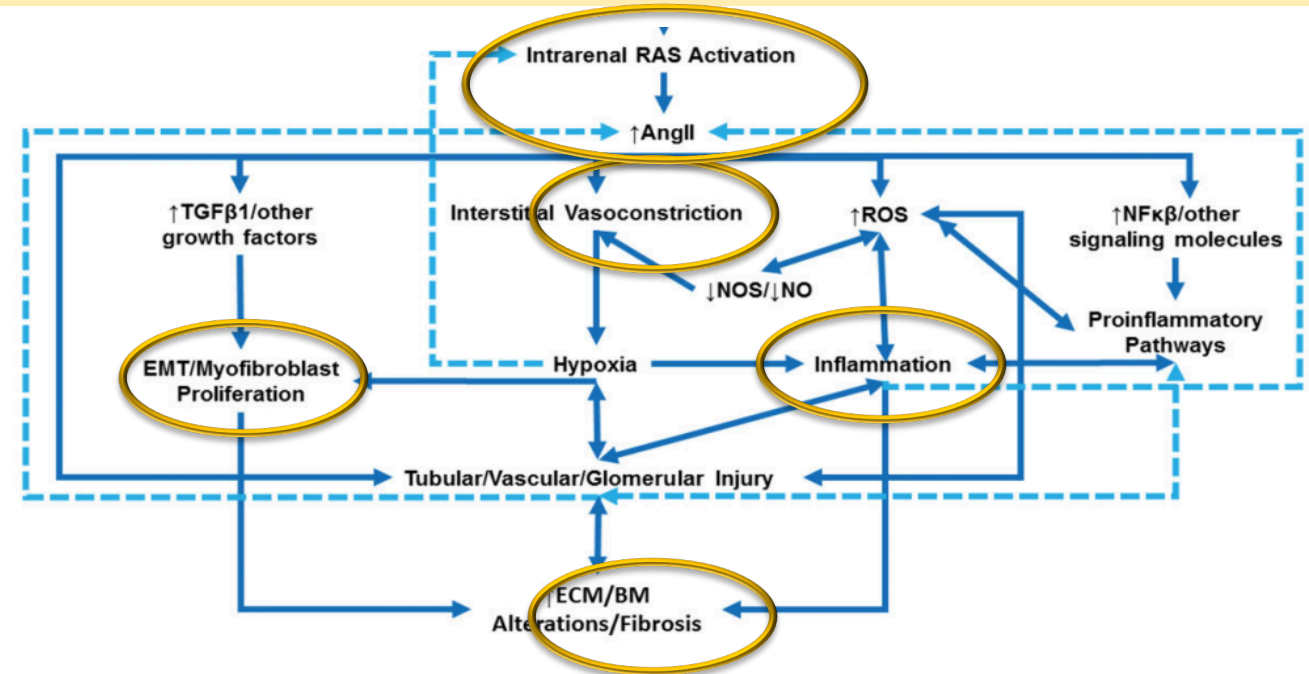


## 1. Supportive

- a. Blood Pressure Control
  - i. Direct pressure related damage to renal blood vessels
  - ii. Blockade of renin effects
- b. Urine protein control
- c. Base-line exam
  - a. Eye Exam (10% will have Drusen)



## 2. Diagnostic Workup



KDIGO CLINICAL PRACTICE GUIDELINE  
ON GLOMERULAR DISEASES

Functional assays	CH50, AP50, FH function
Quantification of complement components and regulators	C3, C4, FI, FH, FB, Properdin
Measurement of complement activation	C3d, Bb, sMAC
Autoantibodies	Anti-FH, anti-FB, nephritic factors (C3, C4, C5)
Genetic testing	C3, CFH, CFI, CFB, CFHR-5 MLPA
Plasma cell disorders <sup>†</sup>	Serum free light chains, serum and urine electrophoresis, and immunofixation <sup>†</sup>
Immunofluorescence studies on kidney biopsy specimen	IgA, IgG, IgM, C1q, C3, fibrinogen, kappa, lambda, C4d (usually bright C3 negative or minimal Ig, negative C4d)



# Expert-Based – Kidney Disease Improving Global Outcomes

## Treatment of C3 Glomerulopathy

### All Patients

- Optimize blood pressure control
- Optimize nutrition to support normal growth in children and prevent malnutrition in adults
- Lipid control to reduce cardiovascular risk

Optimize nutrition to support normal growth in children and prevent malnutrition in adults

### Moderately Active Disease

Urine protein over 500 mg/24 h despite support  
 or  
 Moderate inflammation on renal biopsy  
 or  
 Recent increase in serum creatinine suggesting r

Prednisone  
Mycophenolate m

Balancing  
steroid effect  
with side-effect

### Severe Disease

Urine protein over 2000 mg/24 h despite  
 immunosuppression and supportive therapy  
 or  
 Severe inflammation represented by marked  
 endo- or extracapillary proliferation with or  
 without crescent formation despite  
 immunosuppression and supportive therapy  
 or  
 Increased serum creatinine suggesting risk for  
 progressive disease at onset despite  
 immunosuppression and supportive therapy



KDIGO CLINICAL PRACTICE GUIDELINE  
ON GLOMERULAR DISEASES

Methylprednisolone pulse dosing as well as other anti-cellular immune suppressants have had limited success in rapidly progressive disease

- Data are insufficient to recommend eculizumab as a first-line agent for the treatment of rapidly progressive disease

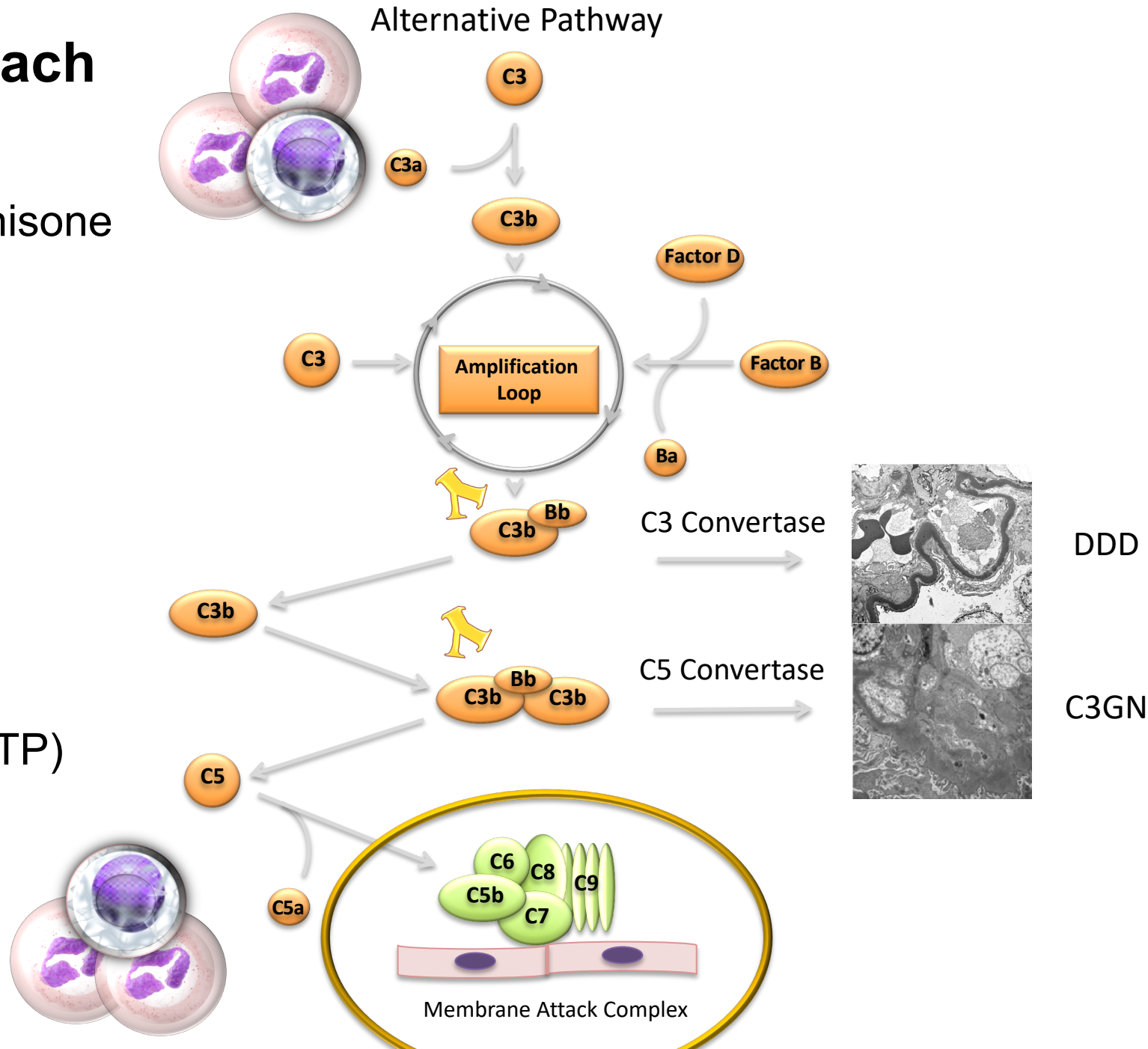
# Current Therapeutic Approach

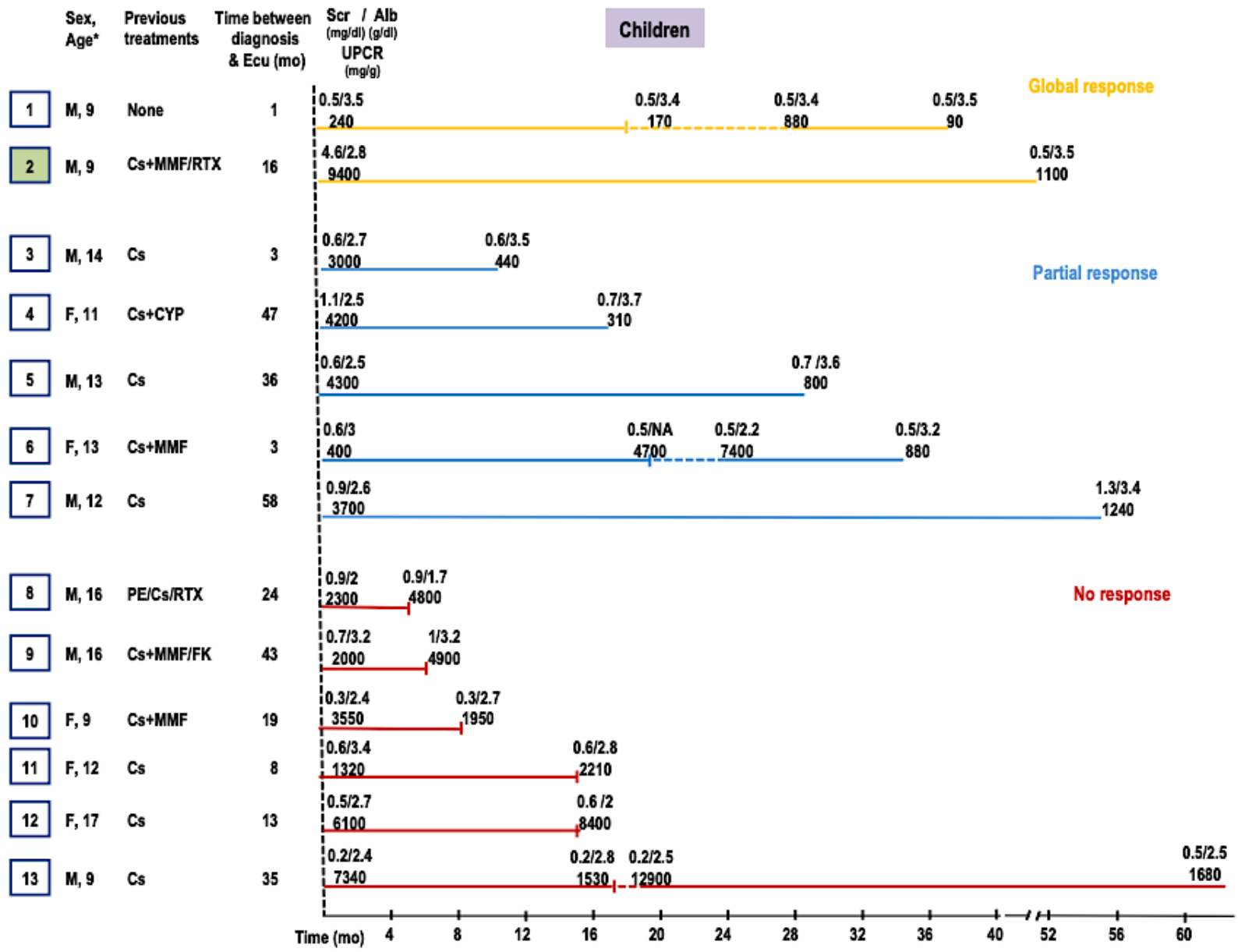
1. Mycophenolate mofetil and prednisone
  - a. Cell-Mediated Immune Suppression

Spanish	
Number	60
Age	13-57 yo
Response	19/22 (86%)
ESRD 0%	

2. Terminal Complement Pathway (TP) Blockade

1. Anti-inflammation – Anti-anaphylotoxin
2. Neutralizing effect of TP





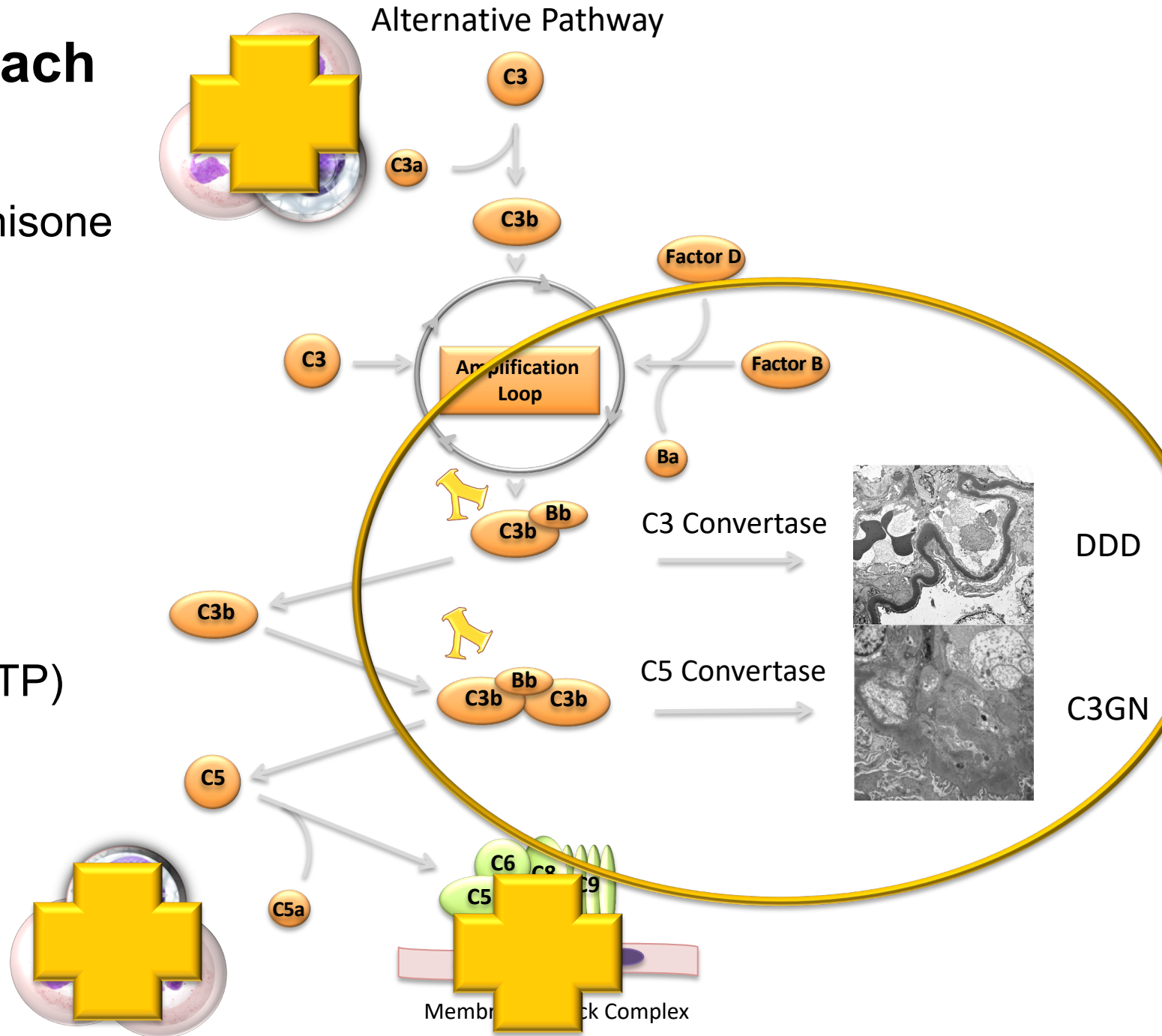
- 26 Patients
- Median duration 14 months of eculizumab
  - 6 (23%) with global response
  - 6 (23%) with partial response
  - 14 (23%) no response

- Uncontrolled

# Current Therapeutic Approach

1. Mycophenolate mofetil and prednisone

2. Terminal Complement Pathway (TP) Blockade







- Clear understanding of underlying drivers of disease in a given patient
  - i.e. understanding the role of the terminal complement pathway in disease
- Better understanding of role of “inflammation” in C3 Glomerulopathy manifestations
  - “Secondary” effects of complement dysregulation
- Controlled trials
  - Patient enrollment
    - Patient Tolerance - Safety
  - Positive Outcomes



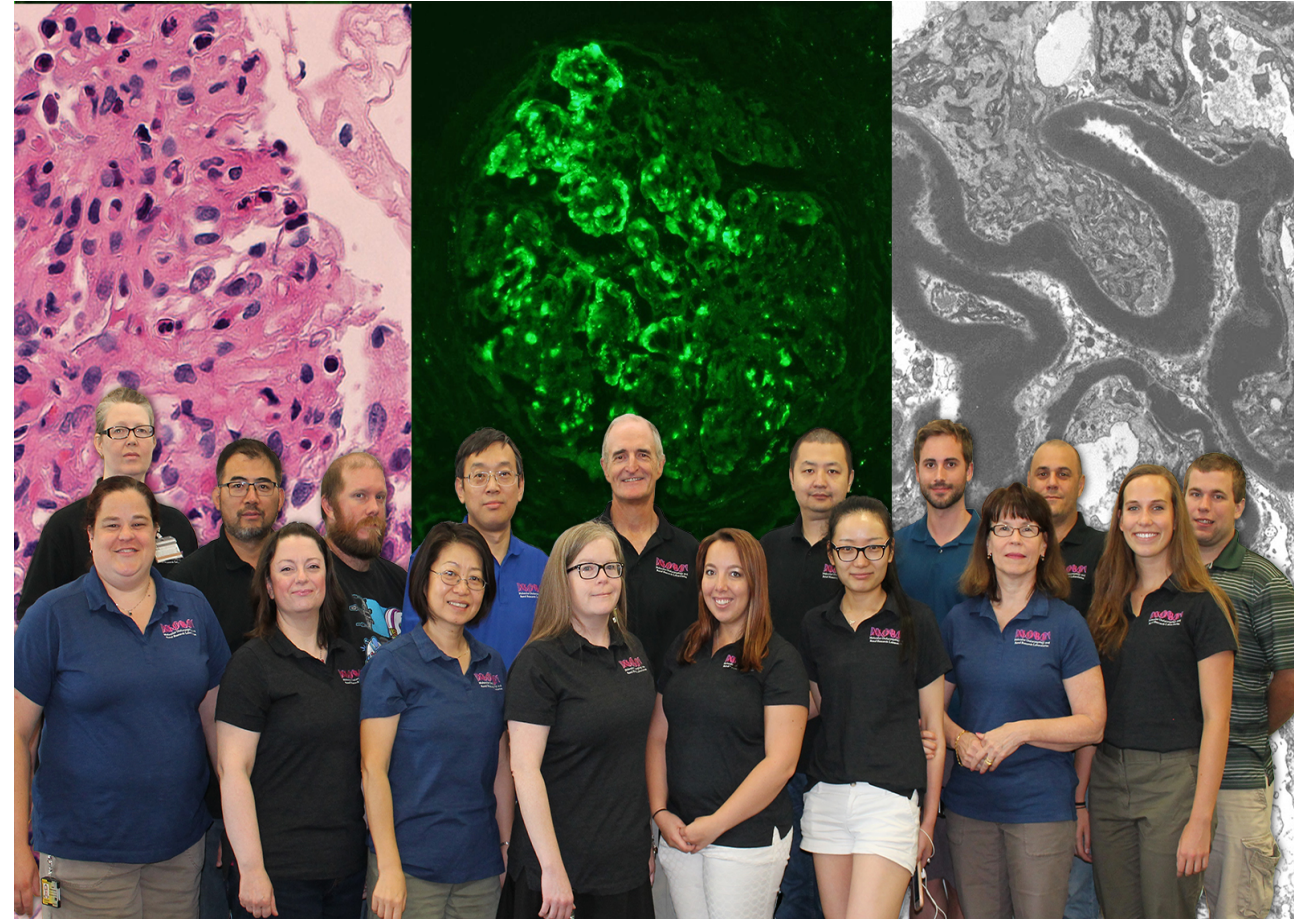
**Thank You**

**Good Health to All of You!**

## Division of Pediatric Nephrology



## Molecular Otolaryngology and Renal Research Laboratory



I'm very thankful to have Two "Work" Families